

**VITAMIN-ENRICHED**  
**FRUIT-FLAVORED**  
**ZERO-CALORIE**  
**REFRESHMENT**

**nourish**H  
nutrient water  
**2**  
**0**

**When you can't control the cost of commodities,  
you can control what you choose to serve.**

**Substantial savings to your foodservice program is made easy with the  
introduction of our brightest star in the Health & Wellness segment.**



Drenched with the power to nourish, replenish, quench and hydrate, **nourishH2O nutrient water** is a refreshing zero-calorie beverage engineered to provide the hydration and taste your customers demand.

**nourishH2O** is enhanced with stress-relieving, performance-boosting **B-COMPLEX**, including cholesterol-improving, detoxifying **NIACIN**, as well as antioxidant rich, growth & repair promoting **VITAMIN C**. These naturally flavored waters satisfy the body with every sip.

**NOURISH YOUR BODY.**

**NOURISH YOUR PALATE.**

**NOURISH YOUR BOTTOM LINE.**

**nourishH2O nutrient water**



**SIX GREAT  
FLAVORS  
TO CHOOSE FROM!**

**VITAMIN-ENRICHED**

**FRUIT-FLAVORED**

**ZERO-CALORIE**

**REFRESHMENT**



# Nutritional Data

**blueberry  
pomegranate  
acai**



Filtered Water, Natural Flavors, Ascorbic Acid (Vitamin C), Sucralose, Malic Acid, Potassium Sorbate & Sodium Benzoate (as Preservatives), Calcium Disodium EDTA (to Protect Taste), Niacinamide (Vitamin B3), Calcium d-Pantothenate (Vitamin B5), Red #40, Blue #1, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12).

**lemon**



Filtered Water, Citric Acid, Natural Flavors, Ascorbic Acid (Vitamin C), Sodium Citrate, Sucralose, Potassium Sorbate & Sodium Benzoate (as Preservatives), Calcium Disodium EDTA (to Protect Taste), Niacinamide (Vitamin B3), Calcium d-Pantothenate (Vitamin B5), Yellow #5, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12).

**mandarin  
orange**



Filtered Water, Citric Acid, Natural Flavors, Ascorbic Acid (Vitamin C), Sodium Citrate, Sucralose, Potassium Sorbate & Sodium Benzoate (as Preservatives), Calcium Disodium EDTA (to Protect Taste), Niacinamide (Vitamin B3), Calcium d-Pantothenate (Vitamin B5), Yellow #6, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12).

## ALL FLAVORS

### Nutrition Facts

Serving Size 8 fl. oz. (237g)  
Servings Per Container

#### Amount Per Serving

**Calories 0**      **Calories from Fat 0**

**% Daily Value\***

**Total Fat 0g**      **0%**

Saturated Fat 0g      **0%**

Tran Fat 0g      **0%**

**Cholesterol 0mg**      **0%**

**Sodium 25mg**      **1%**

**Total Carbohydrate g**      **0%**

Dietary Fiber 0g      **0%**

Sugars 0g      **0%**

**Protein 0g**      **0%**

Vitamin A 0% • Vitamin C 25%

Calcium 0% • Iron 0%

Niacin 25% • Vitamin B6 25%

Vitamin B12 4% • Pantothenic Acid 25%

*\* Percent Daily Values are based on a 2,000 calorie Diet. Your daily values may be higher or lower depending on your calorie needs:*

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**peach**



Filtered Water, Citric Acid, Natural Flavors, Ascorbic Acid (Vitamin C), Sodium Citrate, Sucralose, Potassium Sorbate & Sodium Benzoate (as Preservatives), Calcium Disodium EDTA (to Protect Taste), Niacinamide (Vitamin B3), Calcium d-Pantothenate (Vitamin B5), Yellow #6, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12).

**strawberry  
kiwi**



Filtered Water, Natural Flavors, Ascorbic Acid (Vitamin C), Sucralose, Malic Acid, Potassium Sorbate & Sodium Benzoate (as Preservatives), Calcium Disodium EDTA (to Protect Taste), Niacinamide (Vitamin B3), Calcium d-Pantothenate (Vitamin B5), Red #40, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12).

**watermelon**



Filtered Water, Natural Flavors, Ascorbic Acid (Vitamin C), Sucralose, Malic Acid, Potassium Sorbate & Sodium Benzoate (as Preservatives), Calcium Disodium EDTA (to Protect Taste), Niacinamide (Vitamin B3), Calcium d-Pantothenate (Vitamin B5), Red #40, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12).